

Right Use of Power Core and Teacher Training



*Stand in your strength
while staying in your heart.*

Use of Power Core Training (now virtual)

with Dr. Cedar Barstow, D.P.I. and Magi Cooper, C.H.T.
\$300 for 12 hours

**Friday/Saturday Sept. 25-26,
and Monday/Tuesday Sept 28-29, 2020
1:00-4:30 mountain time each day**

Optional and in addition to the Core Training

Right Use of Power Teacher Training (now virtual with a total of 45 hours)

with Dr. Cedar Barstow, D.P.I. and Magi Cooper, C.H.T.

**Thursday/Friday Oct. 1-2, 2020, Thursday/Friday February 4-5, 2021
1:00 to 4:30 mountain time each day for 12 cumulative hours**

**\$950 for 33 teacher-training hours, materials and 2021 Guild Membership
(plus \$300 for the Core Training for total of \$1250 for 45 hours of training)**

**The 45 hour total includes 21 additional hours of small group and individual mentoring to be
scheduled and spread over time.* (see below)**

BECOME POWER-WISE

Join hundreds of others who have taken this training and are becoming more and more effective and socially-responsible in using their powers—both personal and positional. Turn distress about rampant abuses of power into on-the-ground power-positive skills.

Right Use of Power is the heart of ethics. Right Use of Power Training is a dynamic and personally engaging way to explore power in relationships. This approach brings heart and soul to ethics and brings sensitivity and awareness to the use of power and influence.

WE WILL COVER:

- Understanding the inherent dynamics of relationships with a power difference
- Increasing your self-awareness about your power-impacts both when you have more power and when you have less power
- Practicing a simple process for resolving conflict and repairing torn relationships
- Understanding the neurological effects of increased power
- Gaining skills for using the gifts and mitigating the perils of power
- Honoring self-care and self-compassion
- Deactivating shame
- Offering and receiving feedback as an investment in relationship
- Using positive-power in standing up for values and ethics
- Learning essential practices for being informed, aware, connected and skillful

RIGHT USE OF POWER TEACHER TRAINING

This extended program of 33 hours in addition to the 12 hours of the Core Training. Through multiple formats—whole group, 4 to 6-person cohorts, individual mentorship, and rich written and pre-packaged resources, you will be confident and well-prepared to integrate and present your own Right Use of Power programs to communities of your choice.

You don't need to be a teacher already, but you do need to desire to network or teach RUP principles and practices. In the Teacher Training we will cover: advanced topics; leadership styles; how to use available resources; designing, teaching and evaluating skills; practice in teaching RUP both in-person and online; group management; feedback; working as a teaching team; adapting programs for specialized groups, and marketing. Materials include two RUP books, a 350-page manual with scripts and handouts, and access to a Guild Member-only intranet platform up-dated frequently.

TO REGISTER AND PAY DEPOSIT

https://www.cedarbarstow.com/store/c4/Workshop_Tuition_%26_Other_Payments.html

CE hours are available

Some work/trade and scholarship opportunities are also available. Just ask.

****PLUS 21 additional hours***

15 hours in cohorts

- *3 hours x 5 times*
- *Cohorts of 4-6 people meet for advanced topics and practice teaching both in-person and online November to Jan and March to May*
- *Dates to be set by each cohort*

3 hours of individual mentoring

- *March, April, May*
- *3 sessions of individual mentoring to focus on what and how you want to use your teaching status*
- *Dates to be set by each teacher/student pair*

3 hours in whole group

June 5, 2021 Saturday for graduation

- *1:00 to 4:30 mountain time with ½ hour break*



RIGHT USE OF POWER